



# Paracas

## P A C K I N G   L I S T

You're heading to the desert, be prepared for some heat and wind! The winds in Paracas can reach upwards of 50 knots, so we recommend bringing a light wind breaker. It is also very important to wear sunscreen and sun glasses throughout the day as the sun rays reflect off the sand dunes and increase the chances of getting sunburn. You'll be visiting some of Peru's most pristine beaches so come prepared with your swim suit so that you can jump in the water! Please keep in mind, much like any other desert, temperatures at night tend to drop. We also recommend you bring a sweater/jacket and pants to keep warm.

### Clothing

- ☐ T-shirt
- ☐ Tank Top
- ☐ Comfortable shoes (sand walking)
- ☐ Sandals
- ☐ Regular socks
- ☐ Sun hat
- ☐ Shorts
- ☐ Swim shorts (bikini)
- ☐ Hat
- ☐ Fleece sweater (at night)

### Inside your day pack

- ☐ Water bottle
- ☐ Snacks
- ☐ Camera
- ☐ Handsanitizer
- ☐ Extra Money for Souvenirs, Drinks & Tips
- ☐ Gravol (if you easily get sea sick)
- ☐ Sunscreen
- ☐ Sunglasses
- ☐ Lip balm with SPF

